



14TH EUROPEAN NUTRITION CONFERENCE FENS 2023, Belgrade, Serbia

Sava Center
14-17th November 2023



14th European Nutrition Conference Pre-Registration Interactive Events

On-line registration starts on November 1st
on a 'first come, first served' basis

Monday 13th November 2023

Time 14:00 – 15:30

Room 13

Training school organised by the European Food Information Council (EUFIC)

Carlos Abundancia, EUFIC: Training school on scientific communication

This session provides a broad overview of the essential elements of science communication, including its definition, significance, and evolution. Participants will gain insights into best practices of effective science communication, including key components of a well-structured communication plan. This informative session intends to raise awareness of the elements that go into good science communication and equip attendees with the essential knowledge to engage with their audiences more effectively.

Max 100 participants. Pre-registration is recommended. Pre-registration will be opened on November 1st.

[REGISTRATION](#)

Time 15:30 – 17:00

Room 11

Organized by COMFOCUS

Workshop: Why we eat what we eat: Better understanding of healthy eating patterns in practice

Explore the future of food behavior research! Join our COMFOCUS workshop for insightful presentations and discussions:

- 1. Harmonisation of measures by Dr Ellen van Kleef; can harmonisation of self-report measures improve quality of research or kill creativity?*
- 2. Opportunities and hurdles of physio-physical measures for understanding eating behaviour and data integration by Dr Harold Bult*

3. *Better collaboration and data integration: complying with principles for FAIR and Responsible Research and Innovation (RRI) practices by Prof. Dr Lada Timotijevic*

Max 50 participants. Pre-registration is recommended. Pre-registration will be opened on November 1st.

[REGISTRATION](#)

Room 13

Organised by dsm-firmenich

Workshop: Exploring the way to healthier foods and beverages, an interactive workshop

- *Unlocking new consumer behaviours*
- *Setting standards for labelling & nutrition*
- *Co-creating nutritious, delicious and sustainable foods & beverages*
- *Wrap-up*

Max 75 participants. Pre-registration is recommended. Pre-registration will be opened on November 1st.

[REGISTRATION](#)

Wednesday 15th November 2023

Time 18:00 – 19:30

Career development in food & nutrition

Workshop 1 – Room 9

Career opportunities in science and technology to develop innovative products and services that unlock the power of food and enhance quality of life

Organised by: Nestlé Research and Development

Introduction to Nestlé Research and Development

Ryan Carvalho, Head of Nestlé Research and Martin Pucek, Head of Human

Resources, Nestlé Research, Lausanne, Switzerland

Break out in four groups for individual working sessions:

<i>Discover Nestlé Research as a unique research organization</i>	<i>Ryan Carvalho, Head of Nestlé Research, Lausanne, Switzerland</i>
<i>Juxtapose nutrition and health research in private and academic organizations</i>	<i>Eline van der Beek, Head of Nestlé Institute of Health Sciences, Lausanne, Switzerland</i>
<i>Exchange experiences with Nestlé Research scientists</i>	<i>Lynda O'Neill, Senior Specialist, Nestlé Institute of Health Sciences and Jibrán Wali, Specialist, Nestlé Institute of Health Sciences, Lausanne, Switzerland</i>
<i>Explore career and development opportunities throughout Nestlé R&D</i>	<i>Martin Pucek, Head of Human Resources, and Louis Lefebvre, HR Specialist, Nestlé Research, Lausanne, Switzerland</i>

Places are limited to 60 people. Pre-registration is recommended. Pre-registration will be opened on November 1st.

[REGISTRATION](#)

Thursday 16th November 2023

**Time 18:00 – 19:30
Interactive Thursday**

Workshop 1 – Room 9

Organised by the European Food Information Council (EUFIC)

Carlos Abundancia, EUFIC: Training school on scientific communication

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that go into good science communication and equip attendees with the essential knowledge to engage with their audiences more effectively.

Max 100 participants. Pre-registration is recommended. Pre-registration will be opened on November 1st.

[REGISTRATION](#)

Workshop 2 – Room 11

Organised by ENLP: Building training and networks for leadership in nutrition: Joining the ENLP Experience

This workshop focuses on developing leadership in nutrition, specifically the ENLP leadership training, the seminars, and linked networks. The workshop aims to emphasise the role of leadership in nutrition careers, building on alumni testimonials.

The workshop will present the ENLP essential and advanced seminar programme and will spotlight on ENLP alumni, their experience and careers and how ENLP contributed to their progress.

This will be followed by a round table about leadership needs and opportunity in nutrition in Europe

Max 50 participants. Pre-registration is recommended. Pre-registration will be opened on November 1st.

[REGISTRATION](#)

Workshop 3 – Room 13

Organised by EFFoST: *Food technology meets Nutrition – come sample our food aperitifs*

Session length 1hour

Moderator: Professor Diana Banati, Vice Dean for Science, University of Szeged.

Speakers (20 minutes each plus 10 minutes questions)

1. *Professor Eileen Gibney, University College Dublin.
Talk title: Food processing and healthy diets*

2. *Professor Vincenzo Fogliano, Wageningen University and Research
Talk title: On the positive nexus between ultra processed food and health*

Join us to explore food processing and its impact on health from the point of views of an expert in Food Science and Technology and an expert in Nutrition.

This will be an interactive session where you will have an opportunity to enjoy food aperitifs designed to demonstrate the role of processing. Two different aperitif boxes (isocaloric) will be on offer; one will be largely unprocessed and the other highly processed food. During the course of the session you will be asked to consume the prepared aperitifs. At the end of the session your opinions will be canvassed and the outcomes discussed.

Max 100 participants. Pre-registration is recommended. Pre-registration will be opened on November 1st.

[REGISTRATION](#)